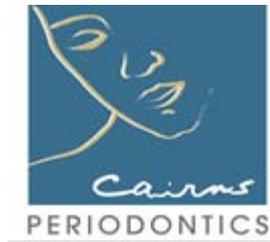


AFTER CARE INSTRUCTIONS

Root Canal Treatment



Please follow these important instructions. They will make you more comfortable and help to prevent possible complications following your treatment.

Care of your mouth

Root canal therapy often takes two or more appointments to complete. After each appointment when anaesthetic has been used, your lips, teeth and tongue may be numb for several hours. Avoid any chewing on the side of the treated tooth until the numbness has completely worn off.

A temporary filling or crown is placed by your dentist to protect the tooth between appointments. Between appointments, it's common (and not a problem) for a small portion of your temporary filling or crown to wear away or break off. If the entire filling falls out, or if a temporary crown comes off, please call our office so it can be replaced.

Discomfort

It's normal to experience some discomfort for several days after a root canal therapy appointment, especially when chewing. It is not uncommon for a tooth to be uncomfortable or even exhibit a dull ache immediately after receiving root canal therapy. This should subside within a few days. The tenderness is normal and is no cause for alarm.

To control discomfort, take pain medication as recommended by Dr Ben. If antibiotics are prescribed, continue to take them for the indicated length of time, even if all symptoms and signs of infection are gone. If you were not prescribed a pain medication by us but are experiencing pain after your appointment, we recommend taking over the counter pain medication such as ibuprofen or paracetamol. Should you experience discomfort that cannot be controlled with pain medications or should swelling develop, please call our office.

Eating

You will be able to eat normally after the anaesthetic has worn off, however avoid chewing sticky foods (especially gum), or biting hard foods and hard substances, such as ice, fingernails and pencils. If possible, chew only on the opposite side of your mouth.

Swelling

Swelling seldom occurs, however if it does rinse your mouth every couple of hours with warm salty water and take Ibuprofen (Nurofen) as directed.

**If you have any further questions or concerns please contact us on
07 4054 4488**